

OnePeak Medical LGBTQ+ Resources



Oregon Resources	Website	Location	Services Provided
Southern Oregon University Gender & Sexuality Justice	socialjustice.sou.edu/gsj/trans-resources	Ashland, OR	Support, advocacy, and events for LGBTQ+ students at Southern Oregon University
Southern Oregon University Trans & Queer Training	sou.edu/academics/gsws/training	Ashland, OR	Offers trainings, workshops, and consultations to local and regional organizations on LGBTQ and other gender and sexuality topics
amBi Southern Oregon	ambi.org/southernoregon	Ashland, OR	Support and events for bi friendly people in the area
As You Like It	asyoulikeitshop.com	Ashland, OR	Eco-conscious, green, gender-inclusive sex toy shop
OUT Central Oregon	outcentraloregon.com	Bend, OR	LGBTQ+ events and advocacy groups, health services, partnerships in Central Oregon
TransPonder	transponder.community	Eugene, OR	Medical, mental health, gender-affirming bodywork, support, education
HIV Alliance	hivalliance.org	Eugene, OR	Support to individuals living with HIV/AIDS and prevent new HIV infections
Oregon Tech: Diversity & Belonging	oit.edu/campus-life/multicultural-student-services	Klamath Falls, OR	Safe zones for LGBTQ+ students
Eastern Oregon University LGBTQ+ Resources	eou.edu/mc/lgbtqresources/	La Grande, OR	Support & resources for LGBTQ+ students
Maslow Project	maslowproject.com	Medford, OR	Community support; homeless youth and families
Medford Drop	youthera.org/medford-drop	Medford, OR	Support, leadership groups, crisis support, and affirming safe space for young people (14-25) in Jackson County
RCC Gender & Sexual Orientation Club	web.roguecc.edu/asgrcc-rvctrc/gsoc-lgbtq	Medford, OR	Support group for LGBTQ & gender questioning students
Rogue Valley Mentoring	rvmentoring.org	Medford, Or	Trauma-informed youth mentoring (age 10-24) through circles and one-to-one relationships; hosts weekly LGBTQIA2S+ Circle in Medford
OHSU Transgender Health Program	ohsu.edu/transgender-health	Portland, OR	Arranges health care services, free gender-affirming classes/events, family support

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PFLAG Roseburg	pflag.org/chapter/pflag-roseburg	Roseburg, OR	Support organization for LGBTQ+ people and families in Roseburg
Rogue Action Center: LGBTQ+ Listening Project	rogueactioncenter.org	Phoenix, OR	Local housing solutions, affordable transit, mobilizing racial justice
Southern Oregon's Health Equity Coalition LGBTQ+ Group	sohealththe.org	Southern Oregon	Group focused on reducing health disparities impacting LGBTQ+ communities
Wild Womyn	wildwomynrv.com	Southern Oregon	Fosters connection and community for lesbians in Southern Oregon
Basic Rights Oregon	basicrights.org	Oregon	Advocate for advancing equality for transgender Oregonians
YouthLine	oregonyouthline.org	Oregon	Free, confidential teen-to-teen crisis and help line

National Resources	Website	Location	Services Provided
Point of Pride	pointofpride.org	National	Financial aid & support to those in need of health and wellness care
Trevor Project for LGBTQ+	thetrevorproject.org	National	Leading national organization providing crisis intervention and suicide prevention services to LGBTQ young people under 25. Counseling support 24/7; Suicide prevention
PFLAG	pflag.org	National	The first and largest organization for lesbian, gay, bisexual, transgender, and queer (LGBTQ+) people, their parents and families, and allies.
Gender Spectrum	genderspectrum.org	National	Resources to create gender sensitive and inclusive environments for all children and teens (parent and caregiver specific resources).
The GayBC's of LGBTQ+	mango.bz/books/the-gaybcs-of-lgbtq-by-ashley-mardell-365-b	National	Free book that goes over the basics for anyone looking to learn more about gender identity and sexual orientation. Excellent for teens and parents.

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Trans Lifeline	translifeline.org	National	Grassroots hotline offering direct emotional and financial support to trans people in crisis – for the trans community, by the trans community.
World Professional Association for Transgender Health (WPATH)	wpath.org	National	Search engine to help find transgender health providers

Social Media	Location
amBi Southern Oregon (FB Group)	Ashland, OR
Southern Oregon Coast Pride (FB Group)	Coos Bay, OR
PFLAG of Grants Pass (FB Group)	Grants Pass, OR
Queer Families of Southern Oregon (FB Group)	Southern Oregon
Rogue Valley LGBTQ Group (FB Group)	Southern Oregon
Southern Oregon LGBTQ Community (FB Group)	Southern Oregon
SissyQs (FB Group)	Southern Oregon
The Gay Outdoors of Southern Oregon (FB Group)	Southern Oregon
The Queer Agenda: Rogue Valley (FB Group)	Southern Oregon
Trans Community of Southern Oregon (FB Group)	Southern Oregon
Southern Oregon LGBTQ Resources (@SOLGBTQ)	Southern Oregon
Labrys Society	Southern Oregon
Chrysalis of Oregon	Southern Oregon

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Therapy	Website	Location	Phone	Notes
Rhiannon Theurer, LMFT <i>She/Her/Hers</i>	rhiannontheurer.com	Ashland, OR	(541) 207-8824	Accepting patients via wait list
Katrina Lee <i>She/Her/Hers</i>	roguesexuality.com	Eagle Point, OR	(458) 217-5146	Accepting new patients for virtual visits as of 2/23/22
Sky Snogren, MA, LPC	skysnogren.com	Medford, OR	(541) 622-4829	Accepting patients via 2-3mo waitlist as of 2/23/22

Surgery	Website	Location	Phone	Notes
Dr. Scott Mosser's Gender Confirmation Center	genderconfirmation.com	San Francisco, CA	(415) 780-1515	Top Surgery, Body Contouring
Hemangini J Thakar, MD	legacyhealth.org	Portland, OR	(503) 413-4992	Top Surgery
The Meltzer Clinic	themeltzerclinic.com	Scottsdale, AZ	(866) 876-6329	Bottom Surgery

Aesthetics	Website	Location	Phone	Notes
Ashland Electrolysis & Skin Aesthetics	ashlandelectrolysis.com	Ashland, OR	(541) 488-3262	Electrolysis/Hair Removal